



PHYTOMER

## SPA MENU

To enliven your beauty & recharge your well-being

# FACIAL TREATMENTS

## ANTI-AGING



### SIGNATURE TREATMENT

#### PIONEER TREATMENT TREATMENT

#### **Youth Revealing Treatment Face - Lips - Décolleté - 75 min**

A lifting mask and an ultra-concentrated biotech lotion combine for the ultimate in anti-aging performance that restores the skin's soft, youthful glow. PHYTOMER's advanced facial massage technique is unparalleled for relaxation and delivers instantly visible results. The custom lip treatment plumps lips and smooths away wrinkles around the lip line. Our Self-Heating Mud Pack is gently applied along the spine for a total relaxation experience that recharges the body's energy.

#### EXTENDED YOUTH

#### **Wrinkle Correction Firming Treatment - 60 | 75 min**

In just 3 steps, this high-performance, anti-aging treatment effectively smooths skin, fills in wrinkles and restructures facial contours.

#### OLIGOFORCE LUMINATION

#### **Facial for Complexion - Dark Spots - Wrinkles - 60 | 75 min**

An ultra-comprehensive anti-aging treatment that brightens skin tone, reduces dark spots, and smooths away wrinkles. The perfect pairing of a 20% acid facial peel and a soothing cloth mask that's rich in OLIGOMER® to bathe the skin in radiance.

# TARGETED TREATMENTS



## SIGNATURE TREATMENTS

### CITYLIFE

#### **Anti-Pollution Skin Freshness Treatment - 60 | 75 min**

A treatment that concentrates all the sea's skincare benefits to detox and revitalize skin and treat it to a breath of fresh air. The anti-pollution experience eliminates signs of fatigue, brightens the complexion and rehydrates skin.

## TREATMENT WITH ORGANIC ALGAE

### HYDRA ORIGINAL

#### **Plumping Thirst-Relief Facial with Organic Algae - 60 | 75 min**

A skincare essential that pairs moisturizing performance with intense relaxation using organic ingredients, sense-awakening textures and a relaxing massage to leave skin soothed and glowing, plumped and rested.

## ORGANIC TREATMENT ECOCERT CERTIFIED

### CYFOLIA

#### **Radiance Plumping Treatment Face and Eye Contour - 60 min | 75 min**

This exquisite treatment includes a soothing massage and highly-efficient organic products to leave the face and eye contour glowing and moisturized.

### DOUCEUR MARINE

#### **Comforting Soothing Treatment - 60 | 75 min**

A nurturing treatment that softens sensitive skin and strengthens its defenses with soothing, hydrating results.

### ACNIPUR

#### **Blemish Solution Treatment - 50 | 65 min**

A cleansing program that effectively targets blemishes for visibly clearer, healthier skin and a smoother, fresher complexion.

CLEAR SKIN EXPRESS

**Skin Cleansing Treatment - 40 min**

A warming, absorbent marine face mask is followed by a custom facial mask to clear pores for skin that's cleansed and a complexion that's refreshed.

**TREATMENT FOR MEN**

NEW SKIN FOR MEN

**Men's Facial - 60 | 75 min**

Enter a skincare experience designed especially for men. Choose from a selection of moisturizing, youth-restoring, soothing and anti-pollution facials that have been specially adapted to men's skin needs.

## COMPLEMENTARY ADD-ON MODULES



RELAX BACK

**Remineralizing Anti-Fatigue Treatment - 15 min**

An ultra-relaxing back massage is followed by a gentle slathering of Self-Heating Marine Mud along the spine for total relaxation and optimal detox effects.

EYE PERFECTION

**Radiance Smoothing Eye Treatment - 20 min**

A comprehensive, effective and relaxing treatment for beautiful eyes that sparkle with youth. An add-on possibility for all facials.

# BODY TREATMENTS

## CONTOURING



### SIGNATURE TREATMENT

#### P5 CONTOURING

##### **Full body Massage and Algae Jam Wrap - 60 min**

A full body slimming treatment, ideal for wellness retreats, that combines a toning massage with an exclusive algae wrap to slim curves, reshape and tone the body. Results after just 4 sessions are conclusive: an 11% belly bulge reduction and an 8% reduction in thigh circumference.\*

\*Clinical results on 22 women after 4 P5 SLIMMING treatments with application of P5 LOTION twice a day for 15 days.

#### SCULPT ZONE

##### **Targeted Heating Wrap Abdomen - Buttocks - Thighs - 60 min**

An intensive exfoliating scrub, a targeted massage and an innovative thermo-sculpting wrap eliminate curves and cellulite in record time. The results are dramatic with over 1 cm reduction in waist size in just 4 treatments.\*

\*Centimeter measurements taken on 19 women who received 4 treatments in 2 weeks. Average values obtained.

#### MORPHO DESIGNER

##### **Perfect Contour Scrub and Massage - 60 min**

Full body beauty: a slimmer, firmer, shape plus enhanced skin health overall. Following a smoothing exfoliation scrub, a slimming massage reshapes the body's curves to perfection and gives skin a flawless appearance.

#### OLIGOMER® SILHOUETTE

##### **Refining Remodeling Marine Body Treatment - 75 min**

A full spa treatment in 2 steps: a slimming balneotherapy soak followed by a full-body massage. Perfect for weight-loss retreats or as an add-on treatment with massages or wraps.

#### BODY FIRMING

##### **Wrap and Firming Massage - 50 min**

A high-performance gel wrap is applied then massaged into the skin to lift, tighten tissue, and prevent sagging. Result: The whole body is firmed and toned.

# BEAUTY AND REVITALIZING



## MARINE BODY WRAP

### **Body Wrap and Massage - 60 min**

Choose from a detox or energizing marine wrap then indulge in a relaxing body massage.

## OLIGOMER® PURE

### **Invigorating Energizing Remineralizing Balneo Treatment - 60 min**

A relaxing soak in a remineralizing bath enriched with active sea ingredients is followed by a full body massage for a total revitalizing experience. Ideal for relaxing and recharging.

## SATIN SHIMMER

### **Gommage aux Cristaux de Sel - 40 min**

An exfoliation treatment using sea salt crystals is paired with a moisturizing massage for an express beautifying treatment that leaves the skin silky soft.

## CHAMPAGNE OF THE SEAS

### **Remineralizing Relaxing Back Treatment - 45 min**

Our signature detoxifying and remineralizing marine products enhance a tension-releasing foot, scalp and back massage.

## LEG REVIVAL

### **Leg Soothing Beauty Treatment - 35 min**

A targeted massage designed to soothe and relax sore, tired legs that also brings back their beautiful curves and contours.

# WELLNESS MESSAGES

## REPLENISHING



### SIGNATURE TREATMENT

#### OLIGOMER® SPA

#### **Remineralizing, Revitalizing Massage - 90 min**

This deeply relaxing, reenergizing signature massage includes both a full body exfoliating scrub and a massage. The session provides a unique sensory experience thanks to OLIGOMER®, PHYTOMER's legendary active marine ingredient, and its extraordinary remineralizing and strengthening benefits. The head-to-toe exfoliating scrub and massage provide instant rejuvenation and incomparable relaxation.

#### SEA HOLISTIC

#### **Relaxing Massage with Sea Boluses - 60 min**

Through soft effleurage strokes, targeted pressure and stretching, this Thai-inspired massage eliminates areas of tension one by one using the gentle heat of warmed linen bundles. A sea salt crystal exfoliating scrub restores skin's natural softness. Gradually, your mind surrenders to an overall sense of well-being and long-lasting replenishment.

#### TRÉSOR DES MERS

#### **Personalized Energizing Massage - 60 min**

An invigorating, therapeutic massage that relaxes and energizes like a day at the beach.

#### CALIFORNIAN WAVE

#### **Relaxing Californian Massage - 30 min | 60 min | 90 min**

The perfect combination of soothing, flowing massage techniques to unlock muscle tension and provide complete relaxation.



**PHYTOMER**  
61, rue du Commandant l'Herminier  
35400 SAINT MALO - FRANCE

For more information:  
[www.phytomer.com](http://www.phytomer.com)  
[www.phytomer-econnect.com](http://www.phytomer-econnect.com)